



**ARC Cancer Support Centres**  
**Annual Report and Audited Financial Statements**  
**for the financial year ended 31 December 2022**

**Company Number: 505230**  
**Charity Number: CHY 10857**  
**Charities Regulatory Authority Number: 20028428**



## ARC Cancer Support Centres

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**ARC Cancer Support Centres**  
**REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Directors</b>	Orla McMahon (Chairperson) Elizabeth Bayfield (Appointed 5 October 2022) Karen Cadoo Patrick Cafferky Ann Corcoran (Appointed 5 October 2022) Barbara Cosgrave Damian Jennings Gerard Keating Ian Martin Simon O'Flaherty (Retired 22 March 2023) Dermot Ryan
<b>Company Secretary</b>	Ian Martin
<b>Charity Number</b>	CHY 10857
<b>Charities Regulatory Authority Number</b>	20028428
<b>Company Number</b>	505230
<b>Registered Office and Principal Address</b>	65 Eccles Street Dublin 7 Ireland
<b>Auditors</b>	Somers Murphy & Earl Limited Chartered Accountants and Registered Auditors 46 Upper Mount Street Dublin 2 Ireland
<b>Bankers</b>	AIB Bank plc 52 Upper Baggot Street Dublin 4
<b>Solicitors</b>	McKeever Rowan 5 Harbourmaster Place IFSC Dublin 1



**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

## **Directors' Report**

The directors are delighted to present their Annual Report, combining the Directors' Report and the audited financial statements for the year ended 31 December 2022.

The financial statements are prepared in accordance with the Companies Act 2014, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

### **Principal Risks and Uncertainties**

ARC Cancer Support Centres (ARC) actively manages its principal risks which are around financial, fundraising, and operational activities. There are strong systems of internal controls and procedures surrounding these areas. The controls ensure compliance with legislation and regulations, provide for effective and efficient use of resources, including staff and volunteers, and safeguard the integrity of financial and personal information. ARC continually reviews and improves all controls as part of normal operational activities and risk management.

In common with other charities whose principal source of income is fundraising, the company must maintain and develop its income sources to ensure continued supply of services. The directors review all sources of income on an ongoing basis.

## **1. Summary of ARC's Objectives and Principal Activities**

ARC's main object, as set out in its constitution, is to benefit the community through the provision of counselling, support, and complementary therapies to people in Ireland who are affected by cancer, including cancer patients, family members, friends, and carers.

ARC offers children (age 4+), women and men affected by cancer the support they need to enhance their coping skills and improve their quality of life during their cancer journey. Family members and carers are also supported.

Our services are confidential, professional, caring, and free of charge. Whether clients have been recently diagnosed, are in treatment, finished treatment, being cared by, or caring for a loved one with the disease, ARC Cancer Support Centres offers various therapies and services to help, support and resource them through this challenging and difficult time. Our supports include survivorship programmes, complementary therapies, and counselling services.

Our services are provided in our three centres on Eccles Street, South Circular Road, and Herbert Avenue, and are also accessible remotely (online/phone).





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**ARC's Mission and Values**

ARC's mission is to provide psychological, emotional, educational, and practical support to people with cancer and those who care for them, through a warm, welcoming, and client-centred approach and to ensure that everyone in Ireland is aware of, and able to access, these services.

Our core values underpin our mission, guide our behaviour and our decision making, and unify the organisation. These core values are:

**Empathy** - We feel what the client sitting with us feels. We understand their experiences and emotions and offer unconditional compassion and empathy.

**Confidentiality** - Confidentiality is of utmost importance to us, as it establishes trust and creates a safe environment for clients to talk freely. We respect that all clients and members of ARC are entitled to privacy and have a strict Confidentiality Policy in place that is fully consistent with the Data Protection Act.

**Support** - Because of a cancer diagnosis, many people feel fear, panic, isolation, and sadness. ARC provides emotional support and a sensitive, understanding approach to help individuals accept and deal with their difficulties, their illness, or the cancer diagnosis of a loved one.

**Empowerment** - The cancer journey can be painful and difficult, but we aim to empower cancer survivors and their loved ones to take an active role in looking after their own physical, mental, and emotional well-being, to build confidence to face the challenges ahead, and to feel hopeful rather than helpless.

**Activities**

Our key support programmes and activities delivered in our three centres throughout 2022 included:

- Drop-In Visits by appointment
- Face-to-face Adult Counselling
- Child Play Therapy and Art Psychotherapy
- Adolescent Therapy (Talk therapy and Creative Psychotherapy)
- Complementary Therapy – Acupuncture, MLD and Reflexology

Our key support programmes and activities delivered remotely throughout 2022 included:

- Telephone Support Line
- Remote one-to-one adult and teen counselling
- Peer Support Cuppa Calls
- Wellbeing classes, workshops, courses, and events

**Weekly Wellbeing Classes**

- Mindfulness
- Stress Management
- Relaxation
- Mindful Sound Meditation
- Yoga
- Yogalates
- Chair Yoga
- Pilates



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Monthly Support Groups

- Breast Cancer Support Group
- Prostate Cancer Support Group
- Myeloma Support Group
- Stoma Support Group
- Secondary Cancer Support Group
- Men's Cancer Support Group
- Family & Carer's Support Group
- Family Bereavement Support Group
- Parenting Through Cancer Support Group
- Women's under 50 Support Group
- Women's over 50 Support Group
- Gynae Support Group

Survivorship Programmes

- Cancer Thrive and Survive: 6-week programme
- Living Well with Prostate Cancer: 6-week programme
- CLIMB for Children: 6-week programme (online and in-centre)
- Cancer Rehab Exercise for Men: 4-week exercise programme, in conjunction with SJUH
- Wellbeing Action Planning for Carers: 4-week programme
- Wellbeing Action Planning for People with Cancer: 4-week programme
- Carer's Stress Management: 4-week programme
- Living with Secondary Cancer: 6-week programme
- Remember Together: 6-week programme for bereaved families
- When the Future looks uncertain: 4-week programme for cancer patients

Workshops and Talks

- Talking to Children about Cancer
- Menopause and Cancer Talk
- Nutrition and Cancer
- Coping with Fatigue
- Immunotherapy and Cancer
- Clinical Trials
- Cancer Associated Thrombosis
- The Science Behind Cancer Treatment
- Exploring Anxiety
- Intimacy and Sexuality
- Back to work
- All About Sleep
- Living with Lymphoedema
- Look Good Feel Better
- Feel More Like Yourself with Boots No7
- Facial Reflexology
- Reflexology Through the Hands
- Memory Book Workshop
- When the Future looks uncertain Workshop



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**Achievements and performance**

2022 finally saw a return to a greater sense of 'normality', following the significant disruption of the Covid-19 pandemic over the previous two years. Nonetheless, our service delivery model in 2022 was markedly different from that of pre-pandemic years, though in so many ways we believe this be to the benefit of our client base.

The most significant change in the post-covid world is the reduction in demand for our drop-in service to our centres. Pre covid-19, clients first made contact with ARC, and registered for our services, by visiting one of our three Dublin centres. During the pandemic clients naturally migrated to virtual registration, with that initial contact via telephone and email. Interestingly, although our drop-in centres have been open since June 2021, most clients continue to make initial contact by telephone, with a minority registering in-person during 2022. In our 2022 client satisfaction survey, 92% of clients said they prefer initial contact with us by phone or email for convenience or because they are more comfortable interacting that way, with just 8% expressing preference for Drop-In. 96% of clients felt their first contact with ARC by phone was positive and felt listened to and given the time and support they needed on the call. Our group activities also remained online throughout 2022, whilst ARC delivered more one-to-one appointments than ever before.

As for many other charities, 2022 was a challenging year for different reasons. ARC sadly experienced the untimely loss of Mairead Mangan, our much loved and longstanding Head of Fundraising, in December 2021. This left the team with a deep sense of sadness, and both personal and professional loss. The cost-of-living crisis and war in Ukraine led to new income challenges and competition. 2022 proved a particularly difficult year for staff recruitment and retention in the voluntary sector, and ARC was no exception. We had a number of open roles within the organisation throughout 2022, including key Fundraising, Finance and Services positions. And yet, like so many times before, our small but mighty team pulled together to deliver one of our best performances to date in terms of client service and meeting emerging client needs.

**Key achievements in 2022 included:**

- ***Keeping our three centres open throughout the year***

Despite ongoing challenges due to covid-19 infection rates and reduced staffing numbers, we managed to keep all centres open throughout the year.

- ***Consolidation of our new Family Supports including Child and Adolescent Therapy***

Late 2021 saw the launch of our new family supports, extending our portfolio of services to include therapy for children with a cancer diagnosis and their siblings, and children whose parents have a cancer diagnosis. These new services were introduced in recognition of the significant impact a cancer diagnosis can have on children and the family, and to bridge a gap in supports available to client this group. We are delighted to have delivered over 1,500 child/teen therapy sessions, to over 150 young people impacted by cancer, during 2022.





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These supports included:

- Age and developmentally appropriate Child & Adolescent Therapy, including art, play and creative/talk therapy for children with a parent who has a cancer diagnosis
- CAYAS counselling (Child, Adolescent and Young Adult (age 18-24) Survivorship) for young people with a cancer diagnosis themselves
- Development and pilot of 'Remember Together' - a new Young Family Bereavement 6-week group programme, for the surviving parent/carer and children of an adult parent lost to cancer
- Development of Sib-Space – a new 6-week online programme for siblings (age 6-11) of a child/teen with a cancer diagnosis
- Reintroduction of face to face delivery of the CLIMB Programme for children aged 5 – 11 who had a significant adult in their lives with a cancer diagnosis, in addition to online delivery of the programme

*"On the 11th of June 2021, our life as we knew it changed forever. I will never forget the phone call as much as my husband, Brian, will never forget making it. Our four-year-old little girl Corlaith was in Tallaght Hospital after the previous week of sporadic vomiting and complaining of headaches. They were going to discharge her as they felt they had dealt with the stomach issues, but we asked for a CT scan due to the headaches she had the previous week. They told me they wouldn't find anything, and I responded I didn't want them to find anything.*

*How wrong we both were. Brian called me. It was Friday afternoon, and I was in Dunnes with my two-and-a-half-year-old while 35 weeks pregnant with our third child. They found something.*

*They told us that the scan showed a lesion on the left side of Corlaith's brain. It wasn't until the next day, Saturday, in Temple Street when we met with the incredible neurosurgical team led by Mr Caird, we saw it for ourselves. A tumour the size of a small orange was visible. Words like "aggressive" and "substantial" are all I remember. We were left back on St Gabriel's Ward with nowhere to go, nowhere to talk and nowhere to cry. We found a stairwell, sat down, and cried. Then we stood up, wiped the tears away and went into Corlaith, all smiles, hugs and jokes.*

*Corlaith endured three brain surgeries to remove the malignant tumour and insert a permanent shunt. We held the tears back until she wasn't around, catching a minute in a lift or the car and then physically swallowing our emotions each time we walked into room 2 on St Gabriel's Ward to see her.*

*By the end of June, all the tumour was removed by the incredible team in Temple Street. We now needed a plan to relocate our family to Germany for two months for Corlaith to undergo proton radiotherapy treatment. Caoimhe, our third little girl was born on Friday 23rd July. I discharged myself from the hospital that Sunday so I could introduce her to her two older sisters before they left with Brian and his mum the next morning. Brian never got his paternity leave. He never got the lazy Netflix days with a new-born sleeping on your chest. We never got to go*



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*for late morning walks up to the local coffee shop showing off our newest family addition. Instead, I spent the first two weeks of Caoimhe's life trying to get her birth cert and passport; while Brian struggled to be both mum and dad in a foreign country to two little girls missing their mum. What we all went through in such a short space of time breaks my heart even now as I type this, six months on.*

*I was told very early on by a child psychologist in Temple Street that what we were going through is no different than watching your child get hit by a car. It was a very traumatic event and we needed to be aware of that. As we settled into life in our two-bedroom apartment in Essen, Germany, we could see for ourselves the impact this sickness had on all of us. We were short-tempered and stressed with the girls, Corlaith was aggressive and angry towards her younger sister Saorla, and Saorla would wake every night to check I hadn't left her again.*

*When we arrived home two months later, I immediately got in contact with ARC. Throughout the previous four months we were on a planned medical process – diagnosis, surgery, treatment – our hands held with every step. But suddenly we were at home, everything was exactly as we left it...except us. We were lost and derailed from our own lives, and we needed help. Brian and I signed up for counselling, not really knowing what it would do for us. While chatting to the lovely Amy, she mentioned they had recently started play therapy for children. I signed Corlaith up.*

*It's hard to describe the impact ARC has had on us as a family, but I can say it's as important to us as the physical surgeries or the radiotherapy treatment Corlaith had to have. Going to them is hard. Before each session I convince myself that I don't need to go – “what are you going to say?”, “you've talked to friends and family, you don't need to repeat yourself”, “you're fine now, Corlaith is fine now, you don't need to go”. But when I'm there and when I come out, I know that I need it. I need to process what happened, I need to accept and find my new normal as a parent of a child with cancer.*

*As the dust settled and Corlaith started school, I also realised that she wasn't fine either. She was still aggressive towards her sister. The smallest mistakes would leave her frustrated and angry. She was timid and self-conscious in school. She may have been spared the gravity of her illness, but she still needed to process what happened. She needed to process the pain of her surgeries, the separation from me when she first went to Germany and the scars that this illness has left her with. She processed all of this in ARC through play and, as the weeks went on, I could see the kind, patient and confident Corlaith return.*

*ARC is helping us find our new normal. It's going to take time but even just over four months since we returned home, we are seeing the future and accepting the past. I have, and will continue, to tell other parents about ARC and the services they offer”.*

- **Deirdre Leahy and her daughter Corlaith**





## ARC Cancer Support Centres DIRECTORS' ANNUAL REPORT for the financial year ended 31 December 2022

During 2022 we delivered more programmes and more services than ever, through a combination of in-house and remote service delivery options.

### 2022 Service Delivery Model

	In-House	Remote Support Line x 5 days
<b>Drop-In (Tue – Thurs) and Support Line (5 days)</b>	✓	✓
<b>Adult Counselling</b> (In-House Tue-Thurs, Remote x 5 days)	✓	✓
<b>Adolescent Therapy / Child Therapy</b> (In-House Tue-Thurs, Remote x 5 days) (Tue-Thurs)	✓	✓
<b>Complementary therapies incl. Acupuncture, Reflexology &amp; Manual Lymph Drainage</b> (Tue-Thurs)	✓	
<b>Monthly support groups</b> (Throughout 5-day week)		✓
<b>Specialist Educational Talks &amp; Workshops</b> (2-3/month, Friday)		✓
<b>Weekly wellbeing classes incl. Relaxation, Yoga, Pilates, Stress Management, Mindfulness and Sound Meditation</b> (Daily x 5 days)		✓
<b>Survivorship Programmes including Cancer Thrive &amp; Survive, Moving On after Cancer; CLIMB; Prostate Course, Living Life with Secondary Cancer</b> (Throughout 5-day week)		✓



### A Typical Month of Activity at ARC during 2022



#### April 2022 Support Services for You – FREE & Available Online

To register: email [info@arcancersupport.ie](mailto:info@arcancersupport.ie) or call us on (01) 215-0250.

Monthly Support Groups	Regular Weekly Classes	Specialist Talks/Workshops	Courses	Upcoming May Events
<p><b>Prostate Cancer Support Group</b> Fri 1<sup>st</sup> April: 10:30am – 11:30pm</p> <p><b>Breast Cancer Support Group</b> Wed 6<sup>th</sup> April: 5:00pm – 6:15pm</p> <p><b>Family &amp; Carer's Support</b> Thurs 7<sup>th</sup> April: 12:30pm – 2:00pm</p> <p><b>Secondary Cancer Support Group</b> Wed 13<sup>th</sup> April: 2:00pm – 3:30pm</p> <p><b>Childhood Cancer Parents Support</b> Wed 13<sup>th</sup> April: 10:00am – 11:30am</p> <p><b>Family Bereavement</b> Thurs 14<sup>th</sup> April: 12:30pm – 1:30pm</p> <p><b>Myeloma Cancer Support Group</b> Wed 20<sup>th</sup> April: 12:30pm – 1:30pm</p> <p><b>(Under 45) Women's Support</b> Wed 20<sup>th</sup> April: 5:00pm – 6:00pm</p> <p><b>Parenting Through Bereavement</b> Thurs 21<sup>st</sup> April: 12:30pm – 1:30pm</p> <p><b>Stigma Support</b> Wed 27<sup>th</sup> April: 6:00pm – 7:00pm</p> <p><b>Men's Cancer Support Group</b> Thurs 28<sup>th</sup> April: 12:45pm – 2:15pm</p>	<p><b>Mondays Pilates</b> 12:00pm – 1:00pm</p> <p><b>Tuesdays Stress Management</b> 10:30am – 12:30pm</p> <p><b>Relaxation</b> 2:30pm – 3:30pm</p> <p><b>Wednesdays Yoga</b> 9:30am – 10:30am</p> <p><b>Mindful Sound Meditation</b> 3:45pm – 4:45pm</p> <p><b>Thursdays Mindfulness</b> 2:30pm – 3:30pm</p> <p><b>Fridays Yogalates</b> 12:00pm – 1:00pm</p>	<p><b>Nutrition talk</b> Friday 1<sup>st</sup> April 10:30 – 11:30am</p> <p><b>Lung Cancer</b> Friday 8<sup>th</sup> April 10:30am – 11:30am</p> <p><b>Feel More Like Yourself with Boots</b> Wednesday 27<sup>th</sup> April 2:00pm – 3:00pm</p> <p><b>Talking to Children About Cancer</b> Thursday 28<sup>th</sup> April 12:30pm – 1:30pm</p> <p><b>Facial Reflexology</b> Friday 29<sup>th</sup> April 10:30am – 11:30am</p>	<p><b>4-Week Cancer Rehab Exercise Programme</b> Tues 5<sup>th</sup> April 1:00pm – 1:30pm</p> <p><b>6-Week Living life with Prostate Cancer</b> Wed 13<sup>th</sup> April 11:00am – 1:00pm</p> <p><b>Young Family Bereavement Support Group 8-Week Course</b> Wed 27<sup>th</sup> April 4:30pm – 5:30pm</p>	<p><b>Exploring Anxiety</b> Thursday 5<sup>th</sup> May 10:00am – 11:30am</p> <p><b>4-Week Carers Stress Management Course</b> Monday 9<sup>th</sup> May 2:00pm – 4:00pm</p> <p><b>Reflexology Through the Hands</b> Friday 20<sup>th</sup> May</p> <p><b>Fundraising</b> One of our favourite campaigns, the ARC Fashion Show, returns after a two year hiatus due to Covid. For more information on the event and how to purchase a ticket, please check out our website.</p>
<p><b>Book an appointment for Acupuncture, Manual Lymph Drainage, Child Therapy and Adult counselling from Tuesday – Thursday in Eccles Street, Harbest Rowme and South Circular Road. Children's and Teen Counselling is available at South Circular Road and Eccles Street!</b></p>				

**Support Line & Counselling Service**  
To enquire about our Telephone & Online Counselling Service, Cuppa Call Service and Children/Teen Counselling, please us on 01 215 0250 or email [info@arcancersupport.ie](mailto:info@arcancersupport.ie).

ARC Cancer Support Centres is a registered charity in Ireland. Registered Charity Number: 20028428. [www.arcancersupport.ie](http://www.arcancersupport.ie)  
E: [info@arcancersupport.ie](mailto:info@arcancersupport.ie) T: 01 215 0250

### Group Activities were delivered online:

'Classes are online via zoom & I much prefer to attend from home as there is no commute & it's more beneficial as I can totally relax at home for the class'...

... 'As I'm not feeling well & not able to travel it suits me to do the zoom classes'

*Quotes from Client satisfaction survey 2022*





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- **Development of a new ground-breaking Menopause and Cancer Survivorship Programme**

During 2022, ARC led on the development of a new Survivorship programme for women experiencing Menopause as a result of cancer treatment. We undertook a series of focus groups and in-depth research with women who have experienced cancer and early menopause.

The insights gleaned from this research have been incorporated into the design of the Patient and Public Involvement (PPI) informed programme to ensure that women will now have access to the tools, resources and supports needed to navigate and manage their way through this life-changing journey. Until now, there has been no specialist support for women related to menopause and cancer and so this new initiative is an effort to bridge this gap.

The first of its kind internationally, the programme aims to support women in overcoming the keen sense of isolation felt by so many in dealing with menopause symptoms on their own, particularly following on the trauma of already having had to cope with a cancer diagnosis.

The programme will pilot throughout 2023 as a research study, and the impact on participants will be evaluated by UCD School of Medicine (research lead is Professor Donal Brennan, Consultant Gynaecological Oncologist). It is intended that the programme will ultimately be rolled out nationally as an evidence-based survivorship programme by the National Cancer Control Programme, so that even more women can benefit.

The programme will include expert contributors on topics identified by the focus groups as crucial in addressing menopause symptoms following cancer treatment and maximising women's quality of life, while participants will also gain hugely from interactions in being part of a peer support group.

These topics will include issues such as symptom management and treatment options; managing fatigue and sleep disturbance; how to cope with brain fog, stress, and anxiety; sexuality and intimacy; losses arising from menopause (for example fertility, life-stage disparity, relational losses), as well as lifestyle supports for wellness such as nutrition, exercise, and skincare.

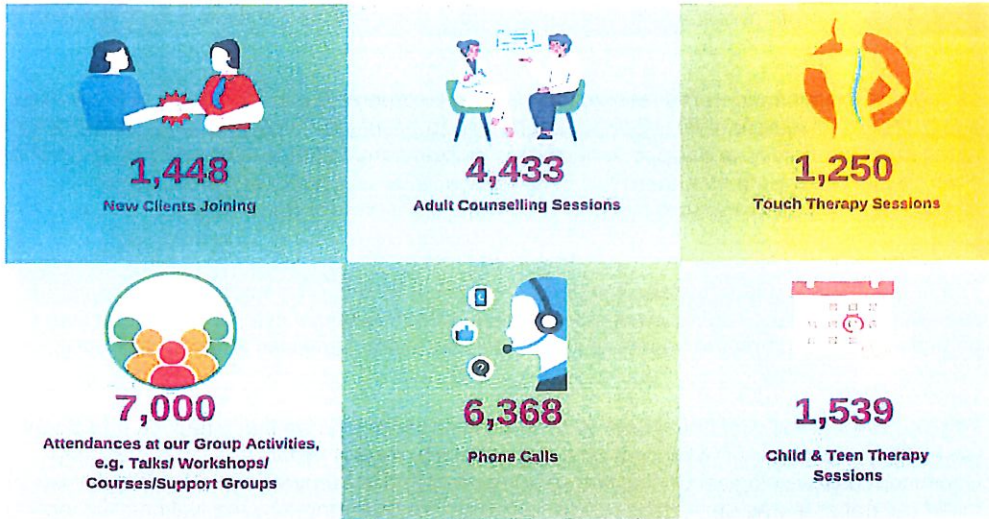
- **Renovating and upgrading Eccles Street building**

In December 2021 ARC received a grant from the HSE Northern Area to further upgrade elements of its Eccles Street building. This grant funded specified health and safety upgrades and contributed to the provision of a warmer, safer, more accessible & comfortable environment for our clients, volunteers, and staff.



## ARC Cancer Support Centres DIRECTORS' ANNUAL REPORT for the financial year ended 31 December 2022

### 2022 - A Year in Numbers



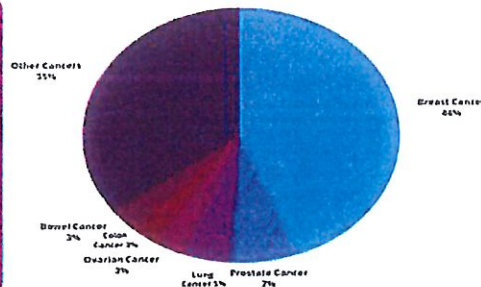
- 1,448 people registered for the first time in 2022. This was a 3% uplift on the last pre-pandemic year of 2019 (our previous highest year of new clients seeking support).
- 60% percent of these were people with a cancer diagnosis:
  - o 21% men
  - o 79% women
- A total of 1,820 clients were supported directly with therapeutic sessions during 2022, compared with 1,591 during 2021.

#### 2022 Cancer Diagnosis of Clients Presenting

##### Registration by Cancer Type

Of those clients registering in 2022 who had a cancer diagnosis

- 44% had breast cancer
- 7% had prostate cancer
- 3% had colon cancer
- 3% had ovarian cancer
- 3% had bowel cancer
- 5% had lung cancer
- 35% had other cancer types



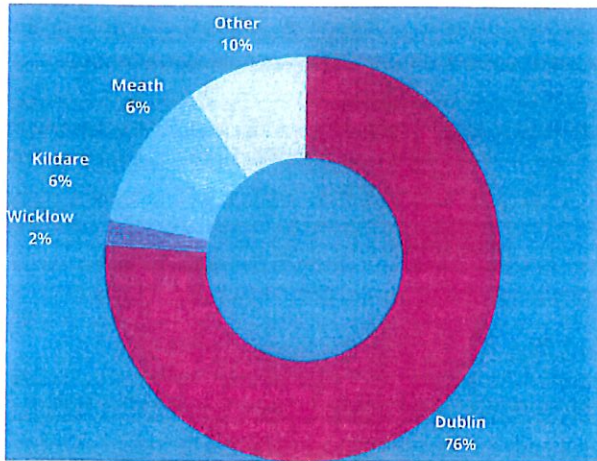
44% of clients who registered in 2022 have/had breast cancer, an increase from 41% in 2021.





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**Geographical Spread of Clients Registering in 2021**



- 24% of new clients who registered in 2022 live outside Dublin.

**Services Impact/Benefit**

- In a client services evaluation survey completed for 2022 activity (150 clients responding), 96% of clients stated they would recommend ARC to a friend or family member if they needed support and 91% stated they were either satisfied or very satisfied with the supports provided.
- Clients cite location, convenience, accessibility and ability to engage when unwell as key benefits to remote service.
- Of those who availed of services, the majority found them to be beneficial / very beneficial. There are consistent high scores across the board for each service.

Service	Adult Counselling	Zoom Classes*	Support Groups	Acupuncture / MLD	Online Courses / Talks / Workshop
<b>Attended</b>	<b>72%</b>	<b>81%</b>	<b>29%</b>	<b>23%</b>	<b>37%</b>
<b>% who found it to be beneficial / very beneficial</b>	<b>93%</b>	<b>96%</b>	<b>81%</b>	<b>70%</b>	<b>99%</b>



## ARC Cancer Support Centres DIRECTORS' ANNUAL REPORT for the financial year ended 31 December 2022

### 2. Fundraising Activity and Performance

The vital care and support we provide at ARC Cancer Support Centres would not be possible without the extraordinary kindness and generosity of our community of supporters. It is because of you that children and adults affected by cancer can access support they so crucially need.

Our services are sustained through the generosity of individuals, the local community, the business community, and other wonderful organisations across Ireland. It is you - our donors, our fundraisers, our community - who give the gift of care and hope to people affected by cancer.

2022 was a year we will remember forever in ARC. There were so many special moments to celebrate and be thankful for, and so many of those were only possible thanks to your support.

A total of €1.4 million was generated in 2022, a 5.7% increase on 2021. €257k of funding came from the Irish Cancer Society, and €367k from HSE funding, with the balance of €773k coming from funds donated and fundraised from our incredible community of supporters.

In addition, over €139k worth of products and services were gifted in kind to support our fundraising. These gifted items, services and discounts offered to ARC saved us considerable expense and facilitated significant fundraising at our events. We are so grateful to every individual and organisation who supported us in this way. Huge thanks also to the many people who donated their valuable time to support us at our fundraising events. We would be lost without you!

Our varied and much-loved portfolio of events made their first return after two years absence during the pandemic, and thanks to you they came back with huge success, raising over €553k!

We gratefully received donations, legacies, corporate donations, legacies, and other grants totalling €220k in 2022.

We are truly thankful to everyone who took part in one of our many memorable annual events during the year. 800 wonderful guests attended and supported our **ARC Fashion Show** in the RDS which raised a whopping €69k. Our four ARC Angels strutted their stuff and donned the catwalk showcasing Irish Designer clothing amongst top models. It's one of our signature events and supported so greatly by our fashionable friends. Every December over 400 guests are welcomed to the Intercontinental Hotel for the **ARC Annual Christmas Lunch**. It is always a day to remember. Our ever-generous guests have always supported with immense kindness, with our fabulous auctioneer Barry Murphy helping the event to raise €93k, which certainly got us all into the ARC Christmas Spirit! Over 80 ladies and a few brave gents got their birthday suits on and laid it all bare last July for our 8<sup>th</sup> annual **Dip in the Nip**. This event is always so full of fun and laughter, all while our brave beauties raise a fantastic €13k for ARC! Our **Art for ARC** auction saw over 250 pieces of art donated by 160 incredibly generous artists from around the country – and further afield! The online auction which took place in May raised an incredible €42k in 2022. Our flagship **Torch of Hope** event and other smaller events together raised €170k.

Our extraordinary community of supporters wowed us this year, with **community fundraising** of €165k accounting for over 21% of fundraised income in 2022. Not only do these events contribute significantly towards the sustainability of our support services, but they also build a sense of community spirit and help us raise vital awareness of ARC's services.

During 2022 we were met with some of the most wonderful community events imaginable, from swimming in the freezing cold sea every day in February, to three young boys dying their hair electric pink in memory of one of their mums, to cycling from Paris 2 Nice in five days, to the incredible Tennis 4 Cancer event! The generosity and creative support we have received from our fundraisers have been nothing short of amazing, and we will be forever grateful to all our Fundraising Champions.





**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

ARC was also thrilled to be a beneficiary of the RTE Toy Show Appeal, facilitated by The Community Foundation for Ireland, who gifted €70,000, allowing us to extend our family support services.

FACILITATED BY

**Community  
Foundation  
Ireland**

We are extremely grateful to have the support of some incredible **organisations**, whose support, encouragement, and generosity provides vital sustainability for our community. Event sponsors like Arthur Cox Solicitors, Kingspan Ireland, Sculpted by Aimee, and Boots, and corporate supporters such as Fieldfisher Solicitors, Google, Sage, DCU Business School.

We are also so grateful for the support of the Ireland Funds, the Irish Cancer Society, the National Cancer Control Programme (NCCP), the Hospital Saturday Fund, the HSE's National Lottery Fund, and some of Ireland's wonderful family foundations.

**Tribute to Mairead**

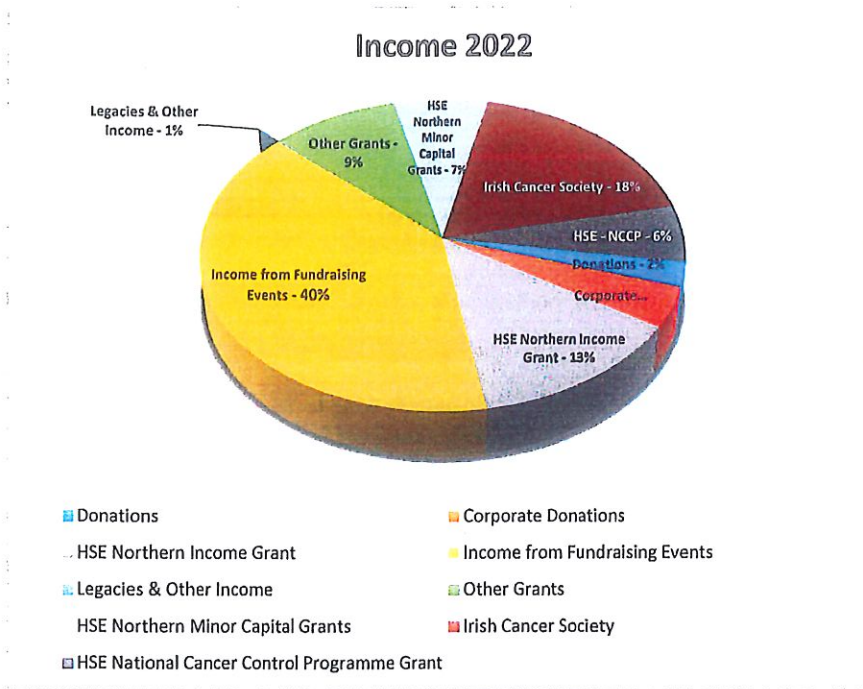
2022 was also one of the most difficult years at ARC. Just before we began the year, we experienced a momentous loss. On 11<sup>th</sup> December 2021, our beautiful, talented, joyful, and much-beloved Head of Fundraising & Communications, Mairead Mangan, lost her battle with cancer. Mairead worked tirelessly, passionately, and with immense heart to ensure that anyone who came through the doors of ARC received the love, care, attention, and respect they needed and so deserved. Mairead never missed an opportunity to bring a new donor or fundraiser into the ARC fold, and her beautiful and infectious personality meant that every person she met wanted to help. Her laughter, her kindness, her sense of fun, and devilment, her pranks, and her deep, deep care for all those she met, will be missed more than we could ever express, but will never be forgotten. Mairead was, and always will be, an integral part of ARC.

Safe journey our friend. The loss is immeasurable, but so is the love left behind.



**ARC Cancer Support Centres  
DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

**3. Financial Review**



In 2022, income was €1,400,765 against expenditure of €1,447,882 for the same period, resulting in a deficit of €47,117 for the year. This compares to a surplus of €252,739 in 2021.

The cost of generating funds increased by €19,545, while the cost of operating ARC's centres increased by €355,735, the cost of therapies increased by €139,499, and governance costs increased by €10,588. Like every organisation, and person, in the country we were touched by the cost-of-living crisis. Additionally, the significant increase in the number of adult counselling sessions delivered, and the full year of the Child and Adolescent Therapy supports, launched in late 2021 were contributing factors in the increase in therapy costs. The refurbishment of Eccles Street also increased costs in maintenance and repairs, although these were covered by grants.

ARC was once again very grateful to receive a grant from the HSE Northern Area for €185,531 which contributes to the ongoing costs in our Eccles Street Centre. This grant amounted to 13% of ARC's income for 2022. In addition, the HSE also awarded ARC grants through the Minor Capital and National Cancer Control Programmes amounting to €99,670 and €81,795 respectively and these made up a further 13% of our income. In total, funding from the HSE amounted to 26% of our total income, and this represents a solid baseline from which we hope to expand and develop our funding relationship.

The Irish Cancer Society (ICS) funded counselling operations to the tune of €257,000 in 2022. They generously responded to ARC's request for more funding because of a significant increase in demand for counselling from our clients, resulting in an increase of €77,000 over 2021. Funding may not remain at this level as it is dependent on the success of the ICS's own fundraising efforts.



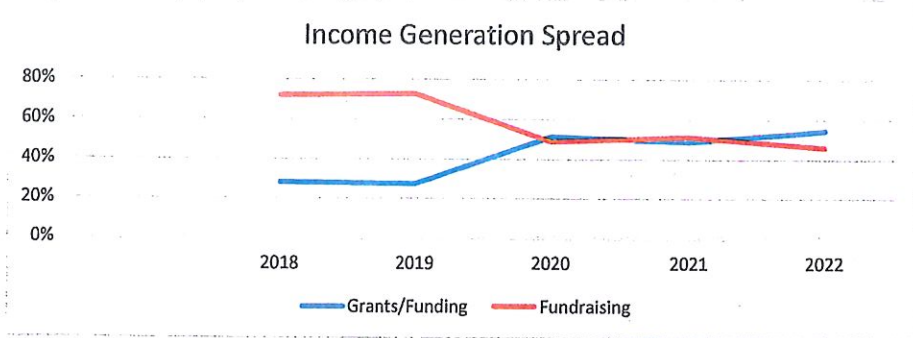


**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
 for the financial year ended 31 December 2022

Statutory income plus other grant funding received equate to 44% of overall income. Non-statutory income such as donations, fundraising events, legacies, and other grants in 2022 accounts for the remaining 56%. The fundraising team worked tirelessly, despite challenges in the fundraising landscape, to achieve these great results.

ARC received €91,766 in donations, corporate donations, legacies, and other income (6.6% of income). Income from ARC-managed fundraising events and campaigns was €553,596 accounting for 40% of income.

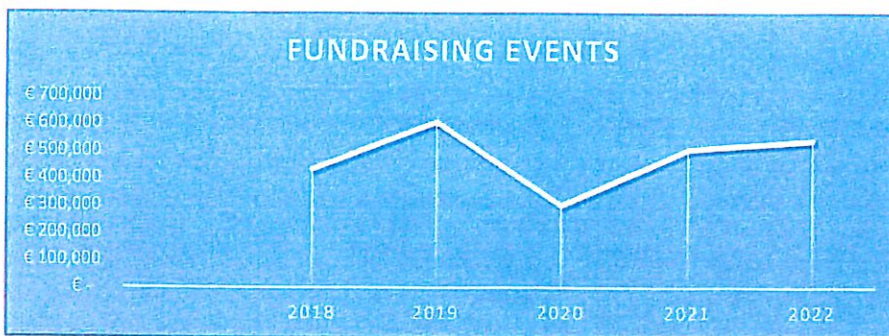
The funding environment has changed a lot in the last four years. A comparison of Fundraising to Statutory plus non-Statutory grants shows how the gap between them has closed since 2018.



*The Fundraising shown here is Events plus Donations plus Corporate Donations.*

Since 2018, Fundraising has seen a fall while Grants and Core Funding have seen an almost equal rise, some of which can be attributed to the impact of covid-19. In 2022 they were almost aligned. It is hard to know where this trend will go but success in raising grants and core funding is certainly going to be a factor moving forward.

Having said that, ARC's Fundraising Events and Appeals have remained strong, and this is a great testament to the efforts of the fundraising team. The chart below tracks the income on events in recent years.



*This chart charts the movements in Fundraising Events only.*

Despite the challenging environment, the events have managed to maintain their levels of income and the recent trend seems to indicate a strong recovery. Maintaining this will be vitally important going forward.



**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

As you can see, ARC is reliant on a diverse combination of fundraising income through organised events, the generosity of the public and corporate benefactors and grant aid to fund its activities throughout the year. It is worth noting that cash reserves in the company tend to be at their highest in December each year as the receipt of fundraising income peaks in the final quarter.

Cash reserves at the end of 2021 were €1,681,143 and increased by €47,987 in 2022 to €1,729,130.

**Financial reserves**

Since the Covid 19 pandemic ARC has experienced a fundamental change in its services model. Volunteer therapists have not returned in the same numbers. ARC has had to recruit paid therapists to meet demand. In addition, demand for these services has increased dramatically whilst fundraising income has been slow to recover. The Board maintains that it is prudent to have contingency funds available, equal to at least six to twelve months of normal activity, at all times to cover a period of unforeseen difficulties. This level of reserves has been maintained in 2022.

With the same increase in services demand, ARC expects the pressure for accommodation at its centres to continue. The pressure is building in all centres now. It is anticipated that significant Capital Expenditure on additional accommodation will be required in the near to medium term to meet these service demands. The Board feels it is prudent to retain unrestricted funds to help finance this requirement.

ARC continues to focus on strong management controls, cautious spending, and controlled service delivery expansion to meet the growing needs of clients and the vital services we provide.



**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
 for the financial year ended 31 December 2022

#### 4. Structure, governance, and management

On 26 November 2016, ARC Cancer Support Limited, with the approval of the Registrar of Companies, changed its name and is now incorporated under the name ARC Cancer Support Centres. ARC also amended its constitution to reflect this name change in accordance with the Companies Act 2014.

ARC Cancer Support Centres (ARC) is a charitable organisation and a company that is limited by guarantee, governed by a constitution in accordance with the Companies Act 2014. The voluntary board of directors and company secretary offer their services voluntarily to the company. The Board is comprised of members with extensive experience in diverse fields, including oncology, general practice, legal affairs, marketing, human resources, and finance. Their collective skills and expertise play a crucial role in maximising ARC's potential and directing the CEO and management team in governance and strategic affairs.

In accordance with the Articles of Association, one-third of the Directors retire by rotation annually and, being eligible may offer themselves for re-election.

The Board of Directors typically meets six to eight times a year and met during 2022 on the following dates:

- 17th February
- 6th April
- 29th June
- 10th August
- 5th October
- 7th December

The AGM was held on the 10th of August 2022.

<b>Board Members 2022</b>
Orla McMahon (Chair)
Elizabeth Bayfield (appointed 5 <sup>th</sup> October 2022)
Dr Karen Cadoo
Patrick Cafferky
Ann Corcoran (appointed 5 <sup>th</sup> October 2022)
Barbara Cosgrave
Dr Damian Jennings
Gerard Keating
Ian Martin
Simon O'Flaherty (retired 22 <sup>nd</sup> March 2023)
Dermot Ryan





## ARC Cancer Support Centres DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2022

The board has seven committees that met in 2022 as necessary. These committees are:

- Corporate Governance & Risk
- Finance & Audit
- Fundraising & Communications
- Nominations
- Talent Management
- Services
- Strategy

Serving Directors for 2022 and attendance at board meetings

Name	Board Meeting Attendance	Strategy & Development	Finance & Audit	Talent Management	Fundraising & PR	Corporate Governance & Risk	Services	Nominations
<b>Board of Directors</b>								
Liz Bayfield	1/1*			3/3				
Dr Karen Cadoo	5/6						1/3	
Patrick Cafferky	6/6			3/3		2/2		
Ann Corcoran	1/1*				4/4			
Barbara Cosgrave	4/6	2/3						1/1
Dr Damian Jennings	5/6						2/3**	0/1
Gerard Keating	6/6		4/4**		4/4			1/1
Ian Martin	5/6					2/2**		1/1**
Orla McMahon	6/6**	3/3**			4/4**			1/1
Simon O'Flaherty	6/6	3/3		3/3**				
Dermot Ryan	6/6		4/4			2/2		

\*- New Board Member \*\*-Chair

The board holds ultimate responsibility for guaranteeing that the charity's governance adheres to the highest standards of practices and that all operational functions satisfy current legislation, charitable and company law and health and safety standards. The board entrusts the day-to-day management of the charity to the CEO, who receives support from a team of staff, therapists, and volunteers.

At ARC we are fully committed to working at the highest levels of accountability and transparency across the organisation. The trust of our donors, fundraisers, volunteers, and the public are of paramount importance to us, and we are committed to ensuring we retain the highest possible standards of governance and donor care.

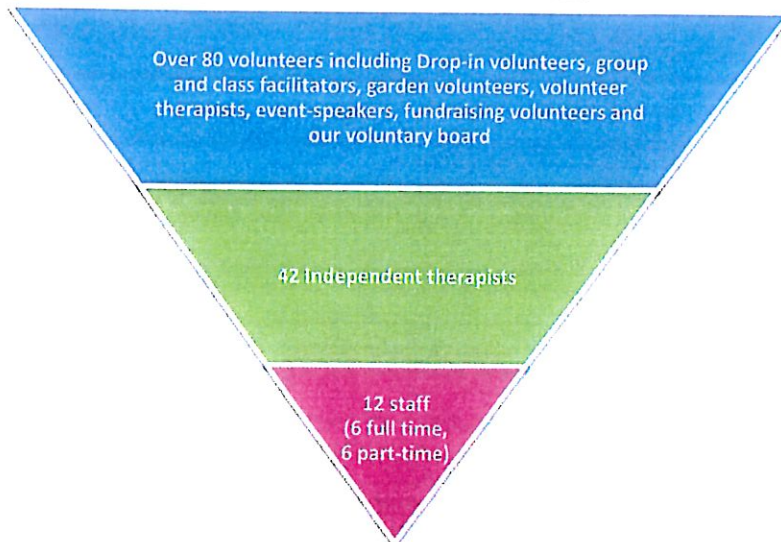
As an organisation we achieved the Triple Lock Standard with Charities Institute Ireland in 2022. The Triple Lock Standard certifies our compliance and commitment to the Charities Regulatory Authority Charities Governance Code, Charity SORP, and the Guidelines for Charitable Organisations on Fundraising from the Public issued by the Charities Regulatory Authority, and our adherence to data protection law, including the General Data Protection Regulations (GDPR).

As part of our ongoing commitment to exemplary governance and compliance, in 2023 we intend to undertake a full review of our policies and procedures, to ensure we continue to meet the highest standards of charity governance, GDPR, and donor care.



**ARC Cancer Support Centres**  
**DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

## Our Team of 2022



### ARC's Team of 2022

As outlined in the above diagram, ARC relies significantly on volunteers to help provide some services to clients. Their work is invaluable and is enormously appreciated by the ARC team and by the clients they support.

With over 80 volunteers, many of them who contribute weekly, we estimate that our expenditure would have increased by approximately €157k if we had to employ staff to perform the same functions. This is a substantial saving that we can instead allocate to support our services and benefit our clients. Volunteers play a vital role in ARC, and we acknowledge the significant part they play in achieving our objectives and the positive impact they have on our clients.

## 5. Future Developments and Priorities

Apart from ongoing activities across the organisation, several of the priorities earmarked for 2022 were impacted by a lack of resources and vacancies across the teams, coupled with an increase in demand for client services. Putting client needs first was our main priority, and therefore progress on some of those other priorities was hindered. They have now been brought forward as 2023 priorities. Our main objectives for the coming year will include:

### Resources:

- Consolidation of the ARC team (filling vacant staff posts and recruiting new volunteers) and continuing to provide support, training and supervision as needed to our broad team.
- Optimisation of our systems and processes to facilitate continued adherence to compliance with best practices in good governance and effective use of our data.





**ARC Cancer Support Centres  
DIRECTORS' ANNUAL REPORT**  
for the financial year ended 31 December 2022

**Services:**

- Delivering a more tailored and proactive approach to client care through.
  - o the rollout of client support coordinators to guide clients through their journey with ARC via calls, care-plans, and practical advice,
  - o Moving towards full (five day) reopening of our three centres and phased reintroduction of group activities in-house (subject to client demand),
  - o Pilot and research evaluation of our new Menopause Survivorship programme, and
  - o further consolidation of our CAYAS supports.
- Further building awareness of ARC so that more individuals on their cancer journey are aware of our services to support them.
- As we begin 2023, we note a 20% increase for new clients registering with our service compared to the early months of 2022. The team at ARC are delighted there are growing numbers availing of its services but are acutely aware of the sustainability of this growth model against a relatively static income and resource stream. Ensuring the quality, efficiency, and effectiveness of the service during this growth period will also be a key focus.

**Financial:**

- Client demand and service delivery levels at ARC have considerably outgrown current projected levels of funding and ARC foresees a sizable deficit for 2023 unless income growth can catch up with the associated increasing service delivery and operational costs. A major focus for the year and beyond will be to diversify and strengthen income streams to ensure a stable economic future. ARC will review its current portfolio of activity and investigate new resources and avenues of income, including core and recurring funding.

**Strategic:**

ARC will begin a strategic review in 2023 to prepare to embark on our strategic plan for the next three to five years. A SWOT analysis, stakeholder consultation, client needs assessments, financial projections, etc., will influence our strategy, structure, and our way forward.

## **6. Post Balance Sheet Events**

There have been no significant events affecting the company since the financial year-end.

## **7. Auditors**

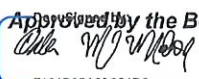
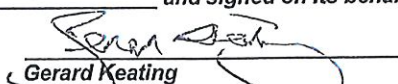
The auditors, Somers Murphy & Earl Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

## **8. Statement on Relevant Audit Information**

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

## **9. Accounting Records**

To ensure that adequate accounting records are kept in accordance with Sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Merrion Square West, Dublin 2.

Approved by the Board of Directors on 31st May 2023 and signed on its behalf by:  
  
Orla McMahon  
  
Gerard Keating





**ARC Cancer Support Centres**  
**DIRECTORS' RESPONSIBILITIES STATEMENT**  
for the financial year ended 31 December 2022

The directors are responsible for preparing the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities, and financial position of the company as at the financial year end date and of the net income or expenditure of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Statement of Recommended Practice: Accounting and Reporting by Charities;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

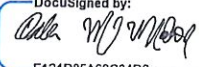
The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and net income or expenditure of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and the Directors' Annual Report comply with Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Directors on 31st May 2023 and signed on its behalf by:

DocuSigned by:  
  
 F121DR5A68C84D6  
 Orla McMahon (Chairperson)  
 Director

  
 Gerard Keating  
 Director

31st May 2023



## **INDEPENDENT AUDITOR'S REPORT to the Members of ARC Cancer Support Centres**

### **Report on the audit of the financial statements**

#### **Opinion**

We have audited the company financial statements of ARC Cancer Support Centres for the financial year ended 31 December 2022 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows, and the notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2022 and of its deficit for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", as applied in accordance with the provisions of the Companies Act 2014 and having regard to the Charities SORP; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 4 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

#### **Other Information**

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### **Opinions on other matters prescribed by the Companies Act 2014**

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.





## **INDEPENDENT AUDITOR'S REPORT** **to the Members of ARC Cancer Support Centres**

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Annual Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not complied with by the company. We have nothing to report in this regard.

### **Respective responsibilities**

#### **Responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement set out on page 5, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description\\_of\\_auditor's\\_responsibilities\\_for\\_audit.pdf](http://www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description_of_auditor's_responsibilities_for_audit.pdf). The description forms part of our Auditor's Report.

#### **The purpose of our audit work and to whom we owe our responsibilities**

Our report is made solely to the company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

A handwritten signature in black ink, appearing to read 'Brian Murphy', is written over a horizontal line.

**Brian** Murphy  
for and on behalf of  
**SOMERS MURPHY & EARL LIMITED**  
Chartered Accountants and Registered Auditors  
46 Upper Mount Street  
Dublin 2  
Ireland

31/5/2023




**ARC Cancer Support Centres**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
(Incorporating an Income and Expenditure Account)  
for the financial year ended 31 December 2022

	Notes	Unrestricted Funds 2022 €	Restricted Funds 2022 €	Total 2022 €	Unrestricted Funds 2021 €	Restricted Funds 2021 €	Total 2021 €
<b>Incoming Resources</b>							
Voluntary Income	5.1	112,985	106,407	219,392	206,376	48,639	255,015
Charitable activities							
- Grants from governments and other co-funders	5.2	-	623,996	623,996	-	547,830	547,830
Activities for generating funds	5.3	553,596	-	553,596	520,311	-	520,311
Other income	5.4	3,781	-	3,781	2,185	-	2,185
<b>Total incoming resources</b>		<b>670,362</b>	<b>730,403</b>	<b>1,400,765</b>	<b>728,872</b>	<b>596,469</b>	<b>1,325,341</b>
<b>Resources Expended</b>							
Raising funds	6.1	270,236	-	270,236	250,691	-	250,691
Charitable activities	6.2	432,126	745,520	1,177,646	292,721	529,190	821,911
<b>Total Resources Expended</b>		<b>702,362</b>	<b>745,520</b>	<b>1,447,882</b>	<b>543,412</b>	<b>529,190</b>	<b>1,072,602</b>
<b>Net incoming/outgoing resources before transfers</b>		<b>(32,000)</b>	<b>(15,117)</b>	<b>(47,117)</b>	<b>185,460</b>	<b>67,279</b>	<b>252,739</b>
Gross transfers between funds		22,321	(22,321)	-	-	-	-
<b>Net movement in funds for the financial year</b>		<b>(9,679)</b>	<b>(37,438)</b>	<b>(47,117)</b>	<b>185,460</b>	<b>67,279</b>	<b>252,739</b>
<b>Reconciliation of funds</b>							
Balances brought forward at 1 January 2022	18	1,594,101	1,862,786	3,456,887	1,408,641	1,795,507	3,204,148
<b>Balances carried forward at 31 December 2022</b>		<b>1,584,422</b>	<b>1,825,348</b>	<b>3,409,770</b>	<b>1,594,101</b>	<b>1,862,786</b>	<b>3,456,887</b>

The Statement of Financial Activities includes all gains and losses recognised in the financial year.  
All income and expenditure relate to continuing activities.

Approved by the Board of Directors on 31st of May 2023 and signed on its behalf by:

DocuSigned by:  
  
E121D85A68C8AD6  
Orla McMahon (Chairperson)  
Director

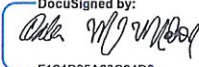
  
Gerard Keating  
Director



**ARC Cancer Support Centres**  
**BALANCE SHEET**  
 as at 31 December 2022

	Notes	2022 €	2021 €
<b>Fixed Assets</b>			
Tangible assets	12	<u>1,901,290</u>	<u>1,923,710</u>
<b>Current Assets</b>			
Debtors	13	55,257	41,792
Cash at bank and in hand		<u>1,729,130</u>	<u>1,681,143</u>
		<u>1,784,387</u>	<u>1,722,935</u>
Creditors: Amounts falling due within one year	14	<u>(275,907)</u>	<u>(189,758)</u>
<b>Net Current Assets</b>		<u>1,508,480</u>	<u>1,533,177</u>
<b>Total Assets less Current Liabilities</b>		<u><u>3,409,770</u></u>	<u><u>3,456,887</u></u>
<b>Funds</b>			
Restricted funds		1,825,348	1,862,786
General fund (unrestricted)		<u>1,584,422</u>	<u>1,594,101</u>
<b>Total funds</b>	18	<u><u>3,409,770</u></u>	<u><u>3,456,887</u></u>

Approved by the Board of Directors on 31st May 2023 and signed on its behalf by:

DocuSigned by:  
  
 F121D85A68C84D6...  
 Orla McMahon (Chairperson)  
 Director

  
 Gérard Keating  
 Director



**ARC Cancer Support Centres**  
**STATEMENT OF CASH FLOWS**  
 for the financial year ended 31 December 2022

	Notes	2022 €	2021 €
<b>Cash flows from operating activities</b>			
Net movement in funds		(47,117)	252,739
Adjustments for:			
Depreciation		70,249	62,788
		<u>23,132</u>	<u>315,527</u>
Movements in working capital:			
Movement in debtors		(13,465)	(12,229)
Movement in creditors		86,149	59,703
		<u>95,816</u>	<u>363,001</u>
<b>Cash flows from investing activities</b>			
Payments to acquire tangible assets		(47,829)	(88,392)
		<u>47,987</u>	<u>274,609</u>
<b>Net increase in cash and cash equivalents</b>		<b>47,987</b>	<b>274,609</b>
<b>Cash and cash equivalents at 1 January 2022</b>		<b>1,681,143</b>	<b>1,406,534</b>
<b>Cash and cash equivalents at 31 December 2022</b>	<b>24</b>	<b><u>1,729,130</u></b>	<b><u>1,681,143</u></b>





## **ARC Cancer Support Centres** **NOTES TO THE FINANCIAL STATEMENTS**

for the financial year ended 31 December 2022

### **1. GENERAL INFORMATION**

ARC Cancer Support Centres is a company limited by guarantee incorporated in the Republic of Ireland. The financial statements are presented in Euros, which is also the functional currency of the company. The registered office is shown in the Directors and Other Information page. The main activity of the company is the provision of drop-in centres, support, counselling, information and complementary therapies to people who are affected by cancer, as well as their families and carers, to support them on their journey.

The significant accounting policies adopted by the company and applied consistently in the preparation of these financial statements are set out below.

### **2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

#### **Basis of preparation**

The financial statements have been prepared in accordance with the Statement of Recommended Practice (Charities SORP in accordance with FRS 102, effective January 2015) and with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014. They comply with the financial reporting standards of the Accounting Standards Board, as promulgated by Chartered Accountants Ireland.

The financial statements have been prepared under the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charitable company's financial statements.

#### **Statement of compliance**

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

#### **Fund accounting**

The following are the categories of funds maintained:

#### **Restricted funds**

Restricted funds are those received for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose and the restriction means that the funds can only be used for specific projects or activities.

#### **Unrestricted funds**

Unrestricted funds are general funds that are available for use in the furtherance of any of the objectives of the charity.



**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

**Incoming Resources**

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt.

Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

**Donations and legacies**

Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors.

**Income from charitable activities**

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

**Resources Expended**

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

**Expenditure on raising funds**

Cost of raising funds are those costs incurred in attracting voluntary income and those incurred in trading activities that raise funds.

**Cash and cash equivalents**

Cash and cash equivalents include cash on hand, demand deposits and other short term highly liquid investments with original maturities of three months or less. Bank overdrafts are shown within borrowings in current liabilities on the statement of financial position

**Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings	- 2% Straight line
Computer Equipment	- 25% Straight line
Fixtures, fittings and equipment	- 10% Straight line





**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

**Leasing**

Rentals payable under operating leases are dealt with in the income and expenditure account as incurred over the period of the rental agreement.

**Debtors**

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

**Cash at bank and in hand**

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

**Taxation**

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

The company is exempt from corporation tax due to its charitable status.

**3. SIGNIFICANT ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY**

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects that period. The estimates and assumptions that have a significant risk of causing material adjustment to the carrying amounts of assets and liabilities within the next financial period are described below.

**(a) Establishing useful lives of Property, Fixtures and Plant**

The annual depreciation charge depends primarily on the estimated lives of each type of asset and estimates of residual value. The directors regularly review these asset lives and change them as necessary to reflect current thinking on remaining lives in light of prospective economic utilisation and physical condition of the assets concerned. Changes in asset lives can have a significant impact on depreciation and amortisation charges for the period. Detail of the useful lives is included in the accounting policies.

**4. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES**

In common with many other charitable companies of our size and nature, we use our auditors to assist with the preparation of the financial statements.

**5. INCOME**

5.1 DONATIONS AND LEGACIES	Unrestricted Funds €	Restricted Funds €	2022 €	2021 €
Donations	34,936	-	34,936	53,974
Other Grants	25,000	106,407	131,407	51,016
Legacies	(5,333)	-	(5,333)	34,695
Corporate Donations	58,382	-	58,382	115,330
	<u>112,985</u>	<u>106,407</u>	<u>219,392</u>	<u>255,015</u>
<b>5.2 CHARITABLE ACTIVITIES</b>	<b>Unrestricted Funds €</b>	<b>Restricted Funds €</b>	<b>2022 €</b>	<b>2021 €</b>
HSE Northern - Income Grant (Note 16)	-	185,531	185,531	185,531
Irish Cancer Society	-	257,000	257,000	180,000
HSE Northern- Other (Note 16)	-	-	-	8,550
HSE Northern- Minor Capital Grants (Note 16)	-	99,670	99,670	173,749
HSE Northern- NCCP (Note 16)	-	81,795	81,795	-
	<u>-</u>	<u>623,996</u>	<u>623,996</u>	<u>547,830</u>





**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

<b>5.3 OTHER TRADING ACTIVITIES</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>2022</b>	<b>2021</b>	
	€	€	€	€	
Income from Fundraising Events/Appeals	553,596	-	553,596	520,311	
	<u>553,596</u>	<u>-</u>	<u>553,596</u>	<u>520,311</u>	
<b>5.4 OTHER INCOME</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>2022</b>	<b>2021</b>	
	€	€	€	€	
Rent	350	-	350	-	
VAT Refund	3,431	-	3,431	2,185	
	<u>3,781</u>	<u>-</u>	<u>3,781</u>	<u>2,185</u>	
<b>6. EXPENDITURE</b>					
<b>6.1 RAISING FUNDS</b>	<b>Direct Costs</b>	<b>Other Costs</b>	<b>Support Costs</b>	<b>2022</b>	<b>2021</b>
	€	€	€	€	€
Costs of Generating Funds	92,878	-	177,358	270,236	250,691
	<u>92,878</u>	<u>-</u>	<u>177,358</u>	<u>270,236</u>	<u>250,691</u>
<b>6.2 CHARITABLE ACTIVITIES</b>	<b>Direct Costs</b>	<b>Other Costs</b>	<b>Support Costs</b>	<b>2022</b>	<b>2021</b>
	€	€	€	€	€
Therapies	422,520	-	-	422,520	283,021
Operation of Drop in Centres	142,610	105,069	456,665	704,344	498,696
Governance Costs (Note 6.3)	-	14	50,768	50,782	40,194
	<u>565,130</u>	<u>105,083</u>	<u>507,433</u>	<u>1,177,646</u>	<u>821,911</u>
<b>6.3 GOVERNANCE COSTS</b>	<b>Direct Costs</b>	<b>Other Costs</b>	<b>Support Costs</b>	<b>2022</b>	<b>2021</b>
	€	€	€	€	€
Charitable activities - governance costs	-	14	50,768	50,782	40,194
	<u>-</u>	<u>14</u>	<u>50,768</u>	<u>50,782</u>	<u>40,194</u>
<b>6.4 SUPPORT COSTS</b>	<b>Cost of Raising Funds</b>	<b>Charitable Activities</b>	<b>Governance Costs</b>	<b>2022</b>	<b>2021</b>
	€	€	€	€	€
Salaries, ER PRSI & ER Pension	175,244	348,455	32,820	556,519	550,367
Support centre expenses	2,114	3,788	-	5,902	7,423
Depreciation	-	70,249	-	70,249	62,788
Audit Fees	-	-	4,940	4,940	4,305
Legal & professional	-	-	-	-	1,289
Subscriptions	-	-	13,008	13,008	5,207
Payroll Costs	-	1,476	-	1,476	1,476
Staff Costs	-	3,381	-	3,381	4,263
Accountancy Fees	-	29,316	-	29,316	8,630
	<u>177,358</u>	<u>456,665</u>	<u>50,768</u>	<u>684,791</u>	<u>645,748</u>



**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

<b>7. ANALYSIS OF SUPPORT COSTS</b>			
	<b>Basis of Apportionment</b>	<b>2022</b>	<b>2021</b>
		€	€
Salaries, ER PRSI & ER Pension	Time	556,519	550,367
Support centre expenses	Pro Rata	5,902	7,423
Depreciation	Actual charge	70,249	62,788
Audit Fees	Governance	4,940	4,305
Legal & professional	Actual	-	1,289
Subscriptions	Governance	13,008	5,207
Payroll Costs	Actual	1,476	1,476
Staff Costs	Actual	3,381	4,263
Accountancy Fees	Actual	29,316	8,630
		<u>684,791</u>	<u>645,748</u>
<b>8. NET INCOMING RESOURCES</b>		<b>2022</b>	<b>2021</b>
		€	€
Net Incoming Resources are stated after charging/(crediting):			
Depreciation of tangible assets		70,249	62,788
Operating lease rentals			
- Office equipment		4,765	4,498
Auditor's remuneration:			
- audit services		4,940	4,305
		<u>70,249</u>	<u>62,788</u>
<b>9. INVESTMENT AND OTHER INCOME</b>		<b>2022</b>	<b>2021</b>
		€	€
Sundry income		3,781	2,185
		<u>3,781</u>	<u>2,185</u>
<b>10. EMPLOYEES AND REMUNERATION</b>			
<b>Number of employees</b>			
The average number of persons employed (including executive directors) during the financial year was as follows:			
		<b>2022</b>	<b>2021</b>
		Number	Number
Fundraising, PR & Comms		5	6
Service providers		8	8
		<u>13</u>	<u>14</u>
The staff costs comprise:		<b>2022</b>	<b>2021</b>
		€	€
Wages and salaries		487,511	485,099
Social security costs		53,116	53,005
Pension costs		15,892	12,263
		<u>556,519</u>	<u>550,367</u>



**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

**11. EMPLOYEES AND REMUNERATION CONTD**

The number of employees whose total employee benefits (excluding employer pension costs) for the reporting period fell within the bands below were:

	Number of Employees	Number of Employees
€60,000 to €70,000	<u>2</u>	<u>3</u>

**12. TANGIBLE FIXED ASSETS**

	Land and buildings	Computer Equipment	Fixtures, fittings and equipment	Total
	€	€	€	€
<b>Cost or Valuation</b>				
At 1 January 2022	2,216,261	59,652	141,240	2,417,153
Additions	11,200	16,502	20,127	47,829
At 31 December 2022	<u>2,227,461</u>	<u>76,154</u>	<u>161,367</u>	<u>2,464,982</u>
<b>Depreciation</b>				
At 1 January 2022	419,981	27,674	45,788	493,443
Charge for the financial year	44,344	12,794	13,111	70,249
At 31 December 2022	<u>464,325</u>	<u>40,468</u>	<u>58,899</u>	<u>563,692</u>
<b>Net book value</b>				
At 31 December 2022	<u>1,763,136</u>	<u>35,686</u>	<u>102,468</u>	<u>1,901,290</u>
At 31 December 2021	<u>1,796,280</u>	<u>31,978</u>	<u>95,452</u>	<u>1,923,710</u>

The Charities SORP (FRS102) does not require a charity to revalue its assets unless it chooses to do so. The directors have chosen not to revalue the fixed assets.

The purchase of the premises at South Circular Road was largely funded by the HSE on the condition that it is used as a cancer support centre.

**12.1 TANGIBLE FIXED ASSETS PRIOR FINANCIAL YEAR**

	Land and buildings	Computer Equipment	Fixtures, fittings and equipment	Total
	€	€	€	€
<b>Cost or Valuation</b>				
At 1 January 2021	2,156,084	34,879	137,798	2,328,761
Additions	60,177	24,773	3,442	88,392
At 31 December 2021	<u>2,216,261</u>	<u>59,652</u>	<u>141,240</u>	<u>2,417,153</u>
<b>Depreciation</b>				
At 1 January 2021	376,213	21,202	33,240	430,655
Charge for the financial year	43,768	6,472	12,548	62,788
At 31 December 2021	<u>419,981</u>	<u>27,674</u>	<u>45,788</u>	<u>493,443</u>
<b>Net book value</b>				
At 31 December 2021	<u>1,796,280</u>	<u>31,978</u>	<u>95,452</u>	<u>1,923,710</u>
At 31 December 2020	<u>1,779,871</u>	<u>13,677</u>	<u>104,558</u>	<u>1,898,106</u>





**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

<b>13. DEBTORS</b>		<b>2022</b>	<b>2021</b>
		€	€
Trade debtors		7,710	360
Prepayments and accrued income		47,547	41,432
		<u>55,257</u>	<u>41,792</u>
<b>14. CREDITORS</b>		<b>2022</b>	<b>2021</b>
<b>Amounts falling due within one year</b>		<b>€</b>	<b>€</b>
Trade creditors		56,047	47,675
Taxation and social security costs (Note 15)		13,624	13,305
Other creditors		104,833	3,137
Accruals		17,191	73,657
Deferred Income		84,212	51,984
		<u>275,907</u>	<u>189,758</u>
<b>15. TAXATION AND SOCIAL SECURITY</b>		<b>2022</b>	<b>2021</b>
		€	€
<b>Creditors:</b>			
PAYE / PRSI		<u>13,624</u>	<u>13,305</u>
<b>16. State Funding</b>			
<b>Agency</b>	<b>HSE Northern</b>		
Grant Programme	Grant Aid under Section 39 Health Act 2004		
Purpose of Grant	Contribution towards the running of ARC premises at 65 Eccles Street, Dublin 7.		
Term of Grant	Eligible expenditure from 1 January 2022 to 31 December 2022		
Total Grant	€185,531		
Received in the financial year	€185,531		
Fund not spent at financial year end	€NIL		
<b>Agency</b>	<b>HSE Northern</b>		
Grant Programme	HSE Funding from Surplus Accruals		
Purpose of Grant	2022 Minor Capital Funding		
Term of Grant	Eligible Expenditure 2022-2023		
Total Grant	€99,670		
Received in the financial year	€99,670		
Fund not spent at financial year end	€99,670		



**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

<b>Agency</b>	<b>HSE Northern</b>
Grant Programme	HSE Funding from Surplus Accruals
Purpose of Grant	Minor capital expenditure on 65 Eccles Street, Dublin 7
Term of Grant	Eligible expenditure 2021-2022
Total Grant	€145,000
Received in the financial year	€NIL
Fund not spent at financial year end	€NIL
<b>Agency</b>	<b>HSE</b>
Grant Programme	National Cancer Control Programme (NCCP)
Purpose of Grant	Direct service delivery in 2022
Term of Grant	Eligible Expenditure to 31 December 2022
Total Grant	€64,000
Received in the financial year	€64,000
Fund not spent at financial year end	€NIL
<b>Agency</b>	<b>HSE</b>
Grant Programme	National Cancer Control Programme
Purpose of Grant	Blended service delivery of Group Programmes and Activities including setting up of 'Menopause after Cancer Survivorship Programme' in conjunction with UCD School of Medicine
Term of Grant	Eligible expenditure 2022-2023
Total Grant	€57,685
Received in the financial year	€57,685
Fund not spent at financial year end	€39,890
<b>Agency</b>	<b>HSE Northern</b>
Grant Programme	Grant Aid under Section 39 Health Act 2004
Purpose of Grant	Once off inflationary support
Term of Grant	Eligible expenditure from 1 January 2022 to 31 December 2022
Total Grant	€9,982
Received in the financial year	€NIL



**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

<b>Agency</b>	<b>HSE Northern</b>
Grant Programme	National Lottery Grant Scheme 2022
Purpose of Grant	Improving staff and client wellbeing at ARC Cancer Support Centre at South Circular Road
Total Grant	€6,800
Received in the financial year	€NIL

**17. RESERVES**

	2022	2021
	€	€
At 1 January 2022	3,456,887	3,204,148
(Deficit)/Surplus for the financial year	<u>(47,117)</u>	<u>252,739</u>
At 31 December 2022	<u><u>3,409,770</u></u>	<u><u>3,456,887</u></u>

**18. FUNDS****18.1 RECONCILIATION OF MOVEMENT IN FUNDS**

	Unrestricted Funds	Restricted Funds	Total Funds
	€	€	€
At 1 January 2021	1,408,641	1,795,507	3,204,148
Movement during the financial year	<u>185,460</u>	<u>67,279</u>	<u>252,739</u>
At 31 December 2021	1,594,101	1,862,786	3,456,887
Movement during the financial year	<u>(9,679)</u>	<u>(37,438)</u>	<u>(47,117)</u>
At 31 December 2022	<u><u>1,584,422</u></u>	<u><u>1,825,348</u></u>	<u><u>3,409,770</u></u>

**18.2 ANALYSIS OF MOVEMENTS ON FUNDS**

	Balance 1 January 2022	Income	Expenditure	Transfers between funds	Balance 31 December 2022
	€	€	€	€	€
<b>Restricted funds</b>					
Restricted Funds	137,110	730,403	745,520	(22,321)	99,672
Pre-Incorporation Reserves	<u>1,725,676</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,725,676</u>
	<u>1,862,786</u>	<u>730,403</u>	<u>745,520</u>	<u>(22,321)</u>	<u>1,825,348</u>
<b>Unrestricted funds</b>					
General Funds	<u>1,594,101</u>	<u>670,362</u>	<u>702,362</u>	<u>22,321</u>	<u>1,584,422</u>
<b>Total funds</b>	<u><u>3,456,887</u></u>	<u><u>1,400,765</u></u>	<u><u>1,447,882</u></u>	<u><u>-</u></u>	<u><u>3,409,770</u></u>

**19. RESTRICTED FUNDS**

Restricted grants received in 2022 amounting to €99,672 (2021:€137,110) have not been fully spent on the designated projects. This expenditure will be incurred in 2023.





**ARC Cancer Support Centres**  
**NOTES TO THE FINANCIAL STATEMENTS**  
 for the financial year ended 31 December 2022

continued

**19.1 ANALYSIS OF NET ASSETS BY FUND**

	Fixed assets - charity use €	Current assets €	Current liabilities €	Total €
Restricted funds	1,725,676	183,884	(84,212)	1,825,348
Unrestricted general funds	175,614	1,600,503	(191,695)	1,584,422
	<u>1,901,290</u>	<u>1,784,387</u>	<u>(275,907)</u>	<u>3,409,770</u>

**20. STATUS**

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding € 1.

**21. CONTINGENT LIABILITIES**

There is a contingent liability to repay capital grants of €1,248,000 (2021: €1,560,000) should the premises which were the subject of the grant cease to be used for the provision of cancer support services before 2027.

**22. OPERATING LEASE COMMITMENTS**

The total of future minimum lease payments under non-cancellable operating leases for the each of the following periods are:

	2022 €	2021 €
less than one year	4,231	4,231
one to five years	7,405	11,636
	<u>11,636</u>	<u>15,867</u>

**23. DIRECTORS' REMUNERATION**

Board member service is voluntary.  
 No remuneration or other benefits have been paid or are payable to any directors directly or indirectly from funds of the charity.

**24. CASH AND CASH EQUIVALENTS**

	2022 €	2021 €
Cash and bank balances	<u>1,729,130</u>	<u>1,681,143</u>

**25. POST-BALANCE SHEET EVENTS**

There have been no significant events affecting the Charity since the year-end.

**26. APPROVAL OF FINANCIAL STATEMENTS**

The financial statements were approved and authorised for issue by the Board of Directors on 31.5.23